

Wat is de bron van de data:

Vanuit welk contactmoment komt de data:

Hoe is de data verzameld:

Wie vult de digitale vragenlijst in:

Wanneer is de data verzameld:

Jeugdgezondheidszorg

klas 3 VMBO en klas 4 HAVO en VWO van het Voortgezet Onderwijs met een digitale vragenlijst

het kind zelf

schooljaar 2020-2021

Betekenis van de kleuren bij de respons percentages:

Bereik	Betrouwbaarheid	Cijfers publiceren
<50%	Heel onbetrouwbaar	Nee
50-60% (aantal <100)	Heel onbetrouwbaar	Nee
50-60% (aantal >100)		Ja
60-70%		Ja
70-80%		Ja
80-90%		Ja
90-100%	Heel betrouwbaar	Ja

		Alblasserdam	Dordrecht	Gorinchem	Hardinxveld-Giessendam	Hendrik-Ido-Ambacht	Papendrecht	Sliedrecht	Zwijndrecht	Hoeksche Waard	Molenlanden	regio Zuid-Holland Zuid
Aantal leerlingen klas 3 VMBO en klas 4 HAVO/VWO woonachtig en schoolgaand in regio ZHZ		255	1158	378	237,5	416,5	315,5	299	448,5	864	484,5	4856
Aantal leerlingen klas 3 VMBO en klas 4 HAVO/VWO woonachtig en schoolgaand in regio ZHZ dat een vragenlijst heeft ingevuld		56	500	68	72	63	171	94	120	295	103	1542
Percentage van leerlingen met een ingevulde vragenlijst		22	43	18	30	15	54	31	27	34	21	32
Geslacht	Jongen	51%	49%	49%	55%	56%	46%	48%	50%	53%	51%	50%
	Meisje	49%	51%	51%	45%	44%	54%	52%	50%	47%	49%	50%
Opleidingsniveau	VMBO	41%	53%	47%	57%	43%	58%	55%	64%	57%	57%	54%
	HAVO/VWO	59%	43%	50%	38%	56%	42%	44%	35%	43%	41%	44%
	VMBO/HAVO	0%	0%	0%	3%	0%	0%	0%	0%	0%	0%	0%
	MBO	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Praktijkonderwijs	0%	4%	3%	3%	1%	0%	1%	0%	0%	2%	2%
Gezinssituatie	Oorspronkelijk tweeoudergezin	83%	71%	71%	85%	80%	69%	75%	63%	75%	81%	74%
	Co-oudergezin	6%	8%	10%	4%	7%	9%	7%	7%	9%	4%	8%
	Eenoudergezin	5%	12%	10%	7%	5%	12%	11%	17%	8%	7%	10%
	Nieuw tweeoudergezin	5%	6%	6%	2%	4%	7%	5%	8%	6%	4%	6%
	Anders	0%	4%	3%	2%	3%	2%	2%	5%	1%	2%	3%
Risicogroepen Kidscreen (Hoe gaat het met je)	Groen	87%	83%	87%	90%	87%	85%	91%	83%	85%	90%	86%
	Oranje	6%	6%	6%	5%	4%	6%	2%	9%	6%	4%	6%
	Rood	7%	11%	6%	5%	8%	9%	7%	8%	9%	7%	9%
Risicogroepen SRSQ (Slaapproblemen)	Groen	74%	71%	75%	84%	78%	71%	80%	74%	73%	76%	74%
	Oranje	10%	13%	12%	8%	8%	13%	12%	13%	11%	14%	12%
	Rood	16%	16%	12%	9%	14%	16%	8%	13%	16%	10%	14%
Risicogroepen RCADS Depressie	Groen	92%	84%	87%	91%	88%	82%	92%	85%	88%	87%	86%
	Rood	8%	16%	13%	9%	12%	18%	8%	15%	12%	13%	14%
Risicogroepen RCADS Angst	Groen	91%	85%	85%	92%	90%	85%	86%	85%	90%	89%	87%

	Rood	9%	15%	15%	8%	10%	15%	14%	15%	10%	11%	13%
ASQ_Risico Risicogroep ASQ (Suicide)	Groen	93%	83%	89%	91%	92%	85%	88%	86%	89%	89%	87%
	Rood	7%	17%	11%	9%	8%	15%	12%	14%	11%	11%	13%
ASQ_Direct oproepen Directe oproep nav ASQ (Suicide)	Nee	100%	99%	100%	99%	99%	98%	99%	98%	99%	99%	99%
	Ja	0%	1%	0%	1%	1%	2%	1%	2%	1%	1%	1%
Risicogroepen DSHI (Zelfbeschadiging)	Groen	96%	87%	93%	93%	93%	86%	90%	91%	92%	93%	91%
	Oranje	4%	6%	3%	4%	4%	7%	4%	4%	4%	3%	5%
	Rood	1%	6%	4%	3%	3%	7%	6%	5%	4%	4%	5%
Risicogroepen SCOFF (Eetproblemen)	Groen	91%	83%	82%	89%	84%	80%	86%	78%	85%	84%	84%
	Oranje	7%	11%	13%	8%	11%	13%	10%	13%	9%	12%	11%
	Rood	2%	5%	5%	3%	6%	7%	4%	9%	6%	5%	5%
Risicogroepen CRIES (nare gebeurtenissen)	Groen	94%	91%	91%	93%	93%	88%	91%	90%	92%	92%	91%
	Oranje	3%	3%	1%	2%	4%	4%	3%	3%	2%	2%	3%
	Rood	4%	6%	8%	5%	4%	8%	6%	8%	6%	5%	6%
Hoe vaak ben je in de afgelopen maanden gepest?	Niet	94%	96%	95%	97%	96%	95%	96%	96%	97%	97%	96%
	1 of 2 keer	4%	3%	3%	2%	2%	3%	4%	2%	3%	2%	3%
	2 of 3 keer per maand	0%	1%	1%	0%	1%	1%	1%	1%	0%	1%	1%
	Ongeveer 1 keer per week	0%	0%	1%	1%	2%	0%	0%	0%	0%	0%	0%
	Meerdere keren per week	2%	0%	0%	1%	1%	1%	0%	0%	0%	0%	0%
Risicogroepen OBVQ, Gepest afgelopen maanden	Groen	94%	96%	95%	97%	96%	95%	96%	96%	97%	97%	96%
	Oranje	4%	3%	3%	2%	2%	3%	4%	2%	3%	2%	3%
	Rood	2%	1%	2%	1%	3%	1%	1%	2%	1%	2%	1%
Risicogroepen CTQ Lichamelijke mishandeling	Groen	99%	99%	99%	99%	99%	99%	99%	98%	99%	99%	99%
	Oranje	0%	1%	1%	0%	1%	1%	1%	1%	1%	1%	1%
	Rood	1%	0%	0%	1%	0%	0%	0%	0%	0%	0%	0%
Risicogroepen CTQ Emotionele mishandeling	Groen	96%	98%	98%	96%	98%	97%	99%	98%	97%	97%	97%
	Oranje	2%	1%	2%	3%	1%	2%	0%	2%	2%	2%	2%
	Rood	2%	1%	0%	1%	1%	1%	1%	1%	2%	1%	1%
Risicogroepen CTQ Emotionele verwaarlozing	Groen	96%	95%	96%	96%	95%	96%	95%	94%	93%	95%	95%
	Oranje	4%	4%	3%	3%	3%	3%	3%	3%	5%	4%	4%
	Rood	1%	1%	1%	1%	3%	1%	2%	3%	2%	1%	2%
Risicogroep Veilige seks	Groen 1	89%	91%	92%	96%	89%	89%	92%	91%	89%	95%	91%
	Groen 2	4%	2%	2%	1%	3%	2%	2%	3%	2%	1%	2%
	Oranje 2	4%	4%	3%	2%	3%	5%	4%	2%	6%	2%	4%
	Oranje 1	3%	2%	1%	2%	2%	1%	1%	2%	1%	2%	2%
	Rood	1%	1%	1%	0%	2%	3%	1%	2%	2%	1%	1%
Risicogroep Vrijwillige seks	Groen	100%	96%	95%	98%	97%	95%	98%	96%	96%	96%	96%
	Oranje	0%	2%	1%	1%	1%	2%	1%	2%	2%	2%	2%
	Rood	0%	2%	4%	1%	1%	3%	1%	2%	2%	1%	2%
Heb je wel eens gerookt?	Nee	92%	88%	86%	80%	85%	83%	85%	84%	82%	84%	85%
	Ja	8%	12%	14%	20%	15%	17%	15%	16%	18%	16%	15%
Hoe vaak heb je gerookt in de afgelopen 3 maanden?	Nooit	3%	4%	3%	4%	4%	3%	3%	5%	3%	3%	3%
	1 of 2 keer	4%	6%	7%	6%	6%	9%	6%	7%	6%	5%	6%
	Maandelijks	0%	1%	1%	2%	0%	2%	3%	0%	1%	2%	1%
	Wekelijks	1%	1%	0%	4%	1%	0%	1%	2%	3%	3%	1%
	Dagelijks of bijna dagelijks	1%	2%	2%	4%	3%	3%	2%	2%	4%	4%	3%
	NVT	92%	88%	86%	80%	85%	83%	85%	84%	82%	84%	85%
Hoeveel sigaretten rook je gemiddeld per week?	1 of 2	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	3 tot 5	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	6 tot 10	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	11 tot 15	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	16 tot 20	0%	0%	0%	1%	0%	0%	1%	0%	0%	0%	0%
	21 tot 30	0%	0%	1%	1%	1%	0%	1%	0%	1%	0%	0%
	Meer dan 30	0%	0%	1%	2%	1%	1%	1%	0%	2%	2%	1%

	NVT	100%	99%	98%	97%	98%	99%	98%	99%	97%	98%	98%
Risicogroepen roken obv frequentie	Groen	95%	91%	89%	85%	89%	85%	88%	89%	86%	87%	89%
	Oranje	4%	6%	9%	7%	6%	11%	9%	7%	7%	7%	7%
	Rood	2%	2%	2%	8%	4%	4%	3%	3%	7%	6%	4%
Risicogroep SDS roken (Verslavingsrisico)	Groen	98%	99%	98%	97%	97%	97%	99%	99%	96%	97%	98%
	Oranje	1%	0%	1%	0%	1%	0%	1%	0%	1%	1%	1%
	Rood	1%	1%	1%	3%	2%	3%	0%	1%	3%	3%	2%
Heb je wel eens alcohol gedronken?	Nee	63%	63%	62%	50%	52%	50%	52%	62%	51%	49%	56%
	Ja	38%	37%	38%	50%	48%	50%	48%	38%	49%	51%	44%
Hoe vaak heb je alcohol gedronken in de afgelopen 3 maanden?	NVT	63%	63%	62%	50%	52%	50%	52%	62%	51%	49%	56%
	Nooit	9%	8%	7%	6%	6%	10%	8%	11%	6%	8%	8%
	1 of 2 keer	18%	21%	18%	23%	24%	28%	29%	18%	25%	22%	22%
	Maandelijks	8%	6%	8%	10%	12%	7%	7%	5%	9%	11%	8%
	Wekelijks	2%	3%	4%	11%	5%	6%	4%	3%	9%	11%	6%
	Dagelijks of bijna dagelijks	1%	0%	0%	0%	0%	0%	0%	0%	0%	1%	0%
Hoe vaak heb je 5 glazen of meer op een gelegenheid gedronken in de afgelopen 3 maanden?	Nooit	2%	2%	4%	6%	4%	2%	3%	3%	5%	6%	3%
	1 of 2 keer	7%	4%	5%	5%	6%	5%	5%	4%	7%	10%	6%
	Maandelijks	2%	3%	2%	4%	5%	3%	2%	1%	4%	3%	3%
	Wekelijks	0%	1%	1%	6%	2%	2%	1%	0%	3%	3%	2%
	Dagelijks of bijna dagelijks	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	NVT	89%	91%	88%	79%	83%	88%	89%	91%	82%	78%	86%
Risicogroep Frequentie Alcohol	Groen	72%	71%	70%	57%	59%	60%	60%	73%	57%	57%	64%
	Oranje	25%	26%	25%	32%	35%	35%	36%	24%	34%	32%	30%
	Rood 1	1%	1%	3%	3%	5%	3%	2%	2%	5%	4%	3%
	Rood 2	2%	1%	2%	8%	0%	2%	2%	1%	4%	8%	3%
Risicogroep SDS alcohol (Verslavingsrisico)	Groen	100%	99%	100%	96%	100%	99%	99%	100%	99%	99%	99%
	Oranje	0%	0%	0%	3%	0%	1%	1%	0%	1%	1%	1%
	Rood	0%	0%	0%	1%	0%	0%	0%	0%	0%	1%	0%
Heb je wel eens wiet of hasj gebruikt?	Nee	95%	92%	96%	97%	94%	88%	92%	94%	88%	96%	92%
	Ja	5%	8%	4%	3%	6%	12%	8%	6%	12%	4%	8%
Hoe vaak heb je wiet of hasj gebruikt in de afgelopen 3 maanden?	Nooit	1%	2%	2%	2%	2%	2%	3%	2%	3%	1%	2%
	1 of 2 keer	3%	3%	1%	2%	2%	6%	4%	2%	4%	2%	3%
	Maandelijks	1%	1%	0%	0%	1%	1%	1%	1%	1%	1%	1%
	Wekelijks	0%	1%	1%	0%	0%	0%	0%	0%	3%	0%	1%
	Dagelijks of bijna dagelijks	1%	0%	0%	0%	0%	1%	0%	1%	0%	0%	0%
	NVT	95%	92%	96%	97%	94%	88%	92%	94%	88%	96%	92%
Hoe veel joints rook je gemiddeld per week?	1 of 2	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	3 tot 5	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	6 tot 10	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	11 tot 15	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	16 tot 20	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	21 tot 30	0%	0%	0%	0%	0%	0%	0%	1%	0%	0%	0%
	Meer dan 30	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	NVT	100%	100%	100%	100%	100%	100%	100%	99%	100%	100%	100%
Risicogroep Frequentie Cannabis	Groen	96%	95%	98%	98%	96%	91%	95%	95%	92%	97%	95%
	Oranje	4%	4%	1%	2%	4%	7%	5%	3%	6%	2%	4%
	Rood	1%	1%	1%	0%	0%	2%	0%	2%	3%	1%	1%
SDS_cannabis_Risico Risicogroep SDS cannabis (Verslavingsrisico)	Groen	100%	100%	100%	100%	100%	99%	100%	99%	99%	100%	99%
	Oranje	0%	0%	0%	0%	0%	0%	0%	0%	1%	0%	0%
	Rood	0%	0%	0%	0%	0%	1%	0%	1%	0%	0%	0%

Heb je wel eens lachgas gebruikt?	Nee	98%	97%	98%	97%	97%	93%	97%	98%	97%	98%	97%
	Ja	2%	3%	2%	3%	3%	7%	3%	2%	3%	2%	3%
Hoe vaak heb je lachgas gebruikt in de afgelopen 3 maanden?	Nooit	0%	1%	2%	2%	2%	3%	2%	1%	1%	0%	1%
	1 of 2 keer	2%	1%	1%	1%	1%	3%	1%	0%	2%	1%	1%
	Maandelijks	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	0%
	Wekelijks	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	0%
	Dagelijks of bijna dagelijks	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	NVT	98%	97%	98%	97%	97%	93%	97%	98%	97%	98%	97%
Hoeveel ballonnen gebruik je gemiddeld per keer?	1 of 2	1%	1%	0%	1%	0%	0%	1%	0%	1%	0%	1%
	3 tot 5	0%	0%	0%	1%	0%	0%	0%	0%	0%	0%	0%
	6 tot 9	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	10 tot 15	1%	0%	1%	0%	0%	1%	0%	0%	0%	0%	0%
	16 tot 20	0%	0%	0%	0%	0%	1%	1%	0%	0%	0%	0%
	21 tot 30	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	0%
	Meer dan 30	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	0%
	NVT	98%	99%	99%	99%	99%	96%	99%	100%	98%	99%	99%
Risicogroepen Frequentie Lachgas	Groen	98%	99%	99%	99%	99%	96%	99%	100%	98%	99%	99%
	Oranje	1%	1%	0%	1%	0%	1%	1%	0%	1%	1%	1%
	Rood	1%	0%	1%	0%	0%	3%	1%	0%	1%	1%	1%
Hoeveel dagen per week zit je te gamen?	(Bijna) nooit	43%	40%	38%	45%	38%	47%	41%	41%	45%	45%	42%
	1 dag per week	4%	6%	7%	5%	4%	5%	6%	7%	6%	4%	6%
	2 dagen per week	4%	8%	7%	10%	4%	7%	8%	5%	6%	8%	7%
	3 dagen per week	5%	8%	8%	6%	7%	6%	13%	9%	8%	8%	8%
	4 dagen per week	12%	8%	7%	3%	8%	8%	6%	7%	5%	5%	7%
	5 dagen per week	0%	5%	4%	3%	8%	5%	5%	3%	6%	7%	5%
	6 dagen per week	6%	3%	2%	4%	3%	4%	2%	2%	3%	3%	3%
	(Vrijwel) dagelijks	26%	21%	26%	23%	27%	19%	19%	27%	21%	20%	22%
Als je aan het gamen bent, hoeveel uur op een dag game je dan gemiddeld?	Minder dan 1 uur per dag	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	1 uur	7%	7%	8%	10%	9%	10%	9%	8%	7%	10%	8%
	2 uur	20%	22%	19%	18%	22%	17%	21%	14%	18%	18%	19%
	3 uur	12%	13%	15%	12%	14%	9%	15%	12%	13%	10%	13%
	4 uur	11%	8%	9%	10%	9%	7%	5%	11%	7%	7%	8%
	5 uur	3%	4%	6%	2%	3%	5%	4%	3%	5%	5%	4%
	6 uur	3%	1%	2%	1%	2%	2%	2%	4%	2%	2%	2%
	7 uur	0%	1%	0%	1%	1%	0%	1%	0%	0%	0%	0%
	8 uur of meer	2%	2%	1%	1%	1%	2%	0%	5%	2%	2%	2%
	NVT	43%	41%	40%	47%	39%	48%	43%	42%	46%	46%	43%
Risicogroep Frequentie Gamers	Groen	64%	68%	66%	73%	66%	72%	72%	64%	71%	75%	69%
	Oranje	13%	12%	11%	8%	14%	10%	15%	9%	9%	7%	11%
	Rood	23%	20%	22%	19%	21%	18%	14%	26%	20%	18%	20%
Risicogroep VAT gamers (Verslavingsrisico)	Groen	78%	84%	83%	91%	89%	84%	89%	81%	86%	86%	85%
	Oranje	16%	13%	15%	8%	11%	14%	8%	14%	11%	12%	13%
	Rood 1	5%	3%	2%	1%	1%	2%	2%	4%	3%	2%	2%
	Rood 2	1%	0%	0%	0%	0%	0%	0%	1%	0%	1%	0%
Risicogroepen SocialeMedia	Groen	73%	72%	72%	77%	79%	70%	72%	76%	74%	77%	74%
	Oranje	26%	26%	27%	19%	20%	25%	25%	22%	24%	21%	24%
	Rood	1%	2%	1%	4%	1%	5%	3%	2%	2%	2%	2%
Hoeveel dagen per week eet je een ontbijt?	(Bijna) nooit	11%	10%	6%	3%	8%	6%	5%	8%	8%	6%	8%
	1-2 dagen per week	4%	9%	8%	5%	4%	8%	4%	11%	4%	5%	7%
	3-4 dagen per week	10%	12%	10%	11%	9%	15%	12%	14%	9%	9%	11%
	5-6 dagen per week	10%	12%	15%	11%	16%	16%	15%	10%	12%	17%	13%
	Elke dag	66%	57%	61%	70%	62%	55%	63%	58%	67%	62%	61%
Hoeveel dagen per week eet je fruit?	(Bijna) nooit	8%	8%	8%	10%	7%	9%	9%	10%	7%	8%	8%
	1-2 dagen per week	24%	16%	15%	19%	15%	22%	16%	23%	17%	18%	17%
	3-4 dagen per week	22%	26%	26%	22%	30%	23%	29%	22%	26%	28%	26%

	5-6 dagen per week	16%	19%	18%	18%	20%	19%	15%	14%	19%	21%	18%
	Elke dag	29%	31%	34%	32%	27%	28%	32%	31%	32%	25%	30%
Hoeveel dagen per week eet je groente?	(Bijna) nooit	2%	1%	1%	0%	2%	1%	1%	1%	1%	1%	1%
	1-2 dagen per week	3%	5%	3%	5%	4%	4%	2%	5%	3%	5%	4%
	3-4 dagen per week	25%	23%	16%	24%	22%	18%	21%	22%	18%	20%	21%
	5-6 dagen per week	38%	31%	38%	40%	35%	40%	44%	38%	40%	46%	38%
	Elke dag	32%	40%	41%	30%	36%	37%	33%	33%	37%	28%	36%
Hoeveel dagen per week drink je water?	(Bijna) nooit	4%	5%	3%	5%	5%	3%	4%	5%	3%	8%	5%
	1-2 dagen per week	8%	5%	5%	3%	5%	6%	4%	3%	4%	7%	5%
	3-4 dagen per week	12%	9%	9%	8%	3%	7%	9%	9%	9%	7%	8%
	5-6 dagen per week	7%	9%	7%	7%	5%	6%	10%	7%	9%	11%	8%
	Elke dag	69%	72%	75%	77%	82%	77%	73%	77%	75%	67%	74%
Hoeveel dagen per week drink je zoete dranken?	Elke dag	31%	33%	32%	36%	37%	27%	34%	29%	35%	30%	33%
	5-6 dagen per week	14%	13%	14%	9%	9%	14%	17%	16%	13%	15%	13%
	3-4 dagen per week	24%	23%	22%	24%	26%	26%	24%	24%	21%	27%	24%
	1-2 dagen per week	12%	18%	17%	20%	16%	20%	18%	20%	20%	19%	18%
	(Bijna) nooit	19%	12%	15%	11%	11%	13%	8%	11%	11%	9%	12%
Risicogroepen Voeding	Groen	71%	74%	75%	76%	79%	77%	75%	75%	78%	75%	75%
	Oranje	18%	14%	18%	17%	13%	13%	19%	14%	15%	14%	15%
	Rood	11%	12%	7%	7%	7%	10%	6%	11%	7%	11%	10%
Hoeveel dagen per week ga je lopend of fietsend naar school?	(Bijna) nooit	3%	6%	3%	6%	3%	5%	5%	5%	12%	3%	6%
	1 dag per week	1%	2%	0%	2%	0%	0%	0%	0%	2%	1%	1%
	2 dagen per week	5%	2%	3%	2%	0%	1%	2%	2%	4%	2%	2%
	3 dagen per week	5%	2%	7%	3%	5%	3%	4%	2%	6%	7%	4%
	4 dagen of meer per week	86%	88%	87%	88%	91%	91%	88%	91%	77%	87%	87%
Hoeveel uur per week doe je op school aan sport?	(Bijna) nooit	8%	11%	9%	11%	14%	12%	5%	28%	11%	10%	12%
	1 uur per week	37%	16%	17%	14%	16%	26%	22%	14%	11%	18%	17%
	2 uur per week	40%	43%	43%	49%	47%	39%	50%	36%	45%	47%	44%
	3 uur per week	5%	12%	11%	8%	9%	9%	6%	9%	15%	12%	11%
	4 uur of meer per week	10%	18%	20%	18%	13%	13%	17%	13%	19%	13%	16%
Hoeveel uur per week sport je bij een sportvereniging?	(Bijna) nooit	38%	39%	32%	48%	28%	32%	39%	48%	30%	44%	37%
	1 uur per week	7%	8%	8%	8%	12%	10%	6%	6%	10%	9%	9%
	2 uur per week	11%	11%	15%	14%	12%	11%	15%	12%	12%	9%	12%
	3 uur per week	25%	17%	15%	15%	8%	17%	14%	10%	18%	15%	16%
	4 uur of meer per week	19%	25%	30%	15%	39%	30%	26%	24%	30%	24%	27%
Hoeveel uur per week sport je in je vrije tijd?	(Bijna) nooit	46%	34%	27%	35%	26%	35%	37%	34%	32%	34%	33%
	1 uur per week	22%	21%	24%	16%	18%	25%	23%	18%	21%	24%	21%
	2 uur per week	12%	18%	19%	22%	21%	17%	19%	16%	21%	18%	18%
	3 uur per week	7%	11%	14%	11%	15%	7%	10%	11%	11%	10%	11%
	4 uur of meer per week	13%	16%	16%	15%	20%	16%	11%	20%	16%	15%	16%
Hoeveel uur per dag zit je achter de computer, tablet of TV	4 uur of meer per dag	57%	49%	52%	34%	44%	53%	44%	48%	47%	41%	47%
	3 uur per dag	23%	27%	28%	32%	34%	28%	30%	31%	26%	29%	28%
	2 uur per dag	14%	17%	15%	23%	17%	14%	16%	16%	19%	20%	17%
	1 uur per dag	4%	5%	4%	9%	4%	5%	10%	3%	6%	7%	6%
	(Bijna) nooit	1%	1%	2%	2%	0%	1%	1%	2%	2%	2%	2%
Risicogroepen Bewegen	Groen	66%	73%	76%	76%	79%	74%	74%	69%	75%	76%	74%
	Oranje	19%	16%	18%	12%	17%	14%	17%	16%	14%	17%	16%
	Rood	15%	11%	6%	12%	4%	12%	9%	15%	11%	8%	10%