

Wat is de bron van de data: Jong JGZ (Jeugdgezondheidszorg)

Vanuit welk contactmoment komt de data: klas 3 VMBO en klas 4 HAVO en VWO van het Voortgezet Onderwijs

Hoe is de data verzameld: met een digitale vragenlijst

Wie vult de digitale vragenlijst in: het kind zelf

Wanneer is de data verzameld: schooljaar 2019-2020

Betekenis van de kleuren bij de respons percentages:

Bereik	Betrouwbaarheid	Cijfers publiceren
<50%	Heel onbetrouwbaar	Nee
50-60% (aantal <100)		Nee
50-60% (aantal >100)		Ja
60-70%		Ja
70-80%		Ja
80-90%		Ja
90-100%	Heel betrouwbaar	Ja

	Alblasserdam	Dordrecht	Gorinchem	Hardinxveld-Giessendam	Hendrik-Ido-Ambacht	Papendrecht	Sliedrecht	Zwijndrecht	Hoeksche Waard	Molenlanden	regio Zuid-Holland Zuid
Aantal leerlingen klas 3 VMBO en klas 4 HAVO/VWO woonachtig en schoolgaand in regio ZHZ	162	1320	451	222	328	380	273	418	917	461	4935
Aantal leerlingen klas 3 VMBO en klas 4 HAVO/VWO woonachtig en schoolgaand in regio ZHZ dat een vragenlijst heeft ingevuld	84	741	273	133	132	217	165	129	401	277	2552

Percentage van leerlingen met een ingevulde vragenlijst		52	56	61	60	40	57	60	31	44	60	52
Geslacht	Jongen	45%	51%	50%	50%	54%	53%	49%	47%	52%	49%	51%
	Meisje	55%	49%	50%	50%	46%	47%	51%	53%	48%	51%	49%
Opleidingsniveau	VMBO	64%	50%	54%	61%	35%	68%	65%	37%	55%	69%	56%
	HAVO/WVO	36%	44%	43%	39%	60%	32%	33%	56%	45%	30%	42%
	VMBO/HAVO	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	MBO	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Praktijkonderwijs	0%	6%	3%	0%	5%	0%	1%	7%	0%	1%	3%
Gezinssituatie	Oorspronkelijk tweeoudergezin	74%	71%	76%	87%	76%	67%	77%	67%	75%	83%	75%
	Co-oudergezin	12%	9%	6%	3%	5%	8%	4%	12%	8%	5%	7%
	Eenoudergezin	8%	12%	12%	5%	12%	12%	13%	14%	8%	7%	10%
	Nieuw tweeoudergezin	6%	6%	6%	4%	6%	11%	4%	5%	7%	4%	6%
	Anders	0%	2%	1%	2%	2%	2%	2%	2%	2%	1%	2%
Heb je een langdurige ziekte, beperking of medische aandoening die door een arts is vastgesteld?	Nee	85%	81%	78%	77%	75%	76%	81%	87%	82%	83%	80%
	Ja	15%	19%	22%	23%	25%	24%	19%	13%	19%	17%	20%
Gebruik je medicijnen voor deze langdurige ziekte, beperking of medische aandoening?	Nee	10%	8%	11%	16%	14%	12%	10%	5%	9%	8%	10%
	Ja	6%	11%	11%	8%	11%	12%	9%	9%	9%	9%	10%
	NVT	85%	81%	78%	77%	75%	76%	81%	87%	82%	83%	80%
Kun je door deze langdurige ziekte, beperking of medische aandoening minder vaak naar school of minder goed meedoen op school?	Nee	11%	11%	13%	12%	18%	17%	12%	11%	12%	12%	12%
	Ja	5%	8%	9%	11%	7%	7%	7%	2%	7%	5%	7%
	NVT	85%	81%	78%	77%	75%	76%	81%	87%	82%	83%	80%
Risicogroepen CCSQ (Lichamelijke gezondheid)	Groen	85%	81%	78%	77%	75%	76%	81%	87%	82%	83%	80%
	Oranje	11%	11%	13%	12%	18%	17%	12%	11%	12%	12%	12%

	Rood	5%	8%	9%	11%	7%	7%	7%	2%	7%	5%	7%
Risicogroepen SRSQ (Slaapproblemen)	Groen	80%	66%	67%	78%	76%	76%	72%	70%	71%	73%	71%
	Oranje	11%	15%	16%	10%	12%	9%	11%	17%	12%	12%	13%
	Rood	10%	19%	17%	12%	12%	15%	17%	13%	17%	15%	16%
Risicogroepen RCADS Totaal (angst en depressie)	Groen	88%	86%	90%	89%	88%	90%	89%	93%	87%	86%	88%
	Oranje	5%	6%	4%	5%	8%	3%	2%	5%	7%	7%	6%
	Rood	7%	8%	6%	6%	4%	7%	8%	2%	6%	7%	7%
Risicogroepen RCADS Depressie	Groen	90%	87%	90%	91%	89%	91%	86%	95%	87%	88%	89%
	Oranje	4%	5%	5%	2%	5%	5%	4%	2%	6%	4%	5%
	Rood	6%	7%	5%	8%	6%	5%	10%	2%	7%	8%	7%
Risicogroepen RCADS Angst	Groen	89%	85%	85%	88%	92%	88%	88%	87%	87%	84%	86%
	Oranje	4%	7%	7%	5%	5%	4%	4%	9%	6%	10%	6%
	Rood	7%	8%	7%	8%	3%	9%	8%	4%	7%	6%	7%
Risicogroepen DSHI (Zelfbeschadiging)	Groen	94%	93%	95%	94%	93%	91%	91%	97%	93%	92%	93%
	Oranje	2%	2%	1%	3%	4%	6%	2%	2%	3%	2%	3%
	Rood	4%	4%	3%	3%	3%	3%	6%	1%	4%	6%	4%
Risicogroepen SCOFF (Eetproblemen)	Groen	83%	79%	83%	87%	83%	82%	88%	83%	84%	85%	83%
	Oranje	8%	13%	10%	11%	11%	12%	9%	10%	10%	9%	11%
	Rood	8%	8%	7%	2%	7%	6%	3%	7%	6%	6%	6%
Risicogroepen CRIES (nare gebeurtenissen)	Groen	87%	88%	89%	91%	93%	90%	92%	87%	92%	87%	89%
	Oranje	4%	3%	4%	2%	2%	2%	2%	3%	2%	4%	3%
	Rood	10%	9%	7%	8%	6%	7%	6%	10%	7%	9%	8%
Hoe vaak ben je in de afgelopen maanden gepest?	Niet	96%	98%	97%	97%	98%	96%	98%	99%	95%	97%	97%
	1 of 2 keer	4%	1%	2%	1%	0%	2%	2%	1%	3%	2%	2%
	2 of 3 keer per maand	0%	0%	0%	0%	0%	0%	0%	0%	1%	0%	0%
	Ongeveer 1 keer per week	0%	0%	0%	2%	1%	0%	0%	0%	1%	0%	0%
	Meerdere keren per week	0%	0%	0%	1%	1%	1%	1%	0%	1%	1%	1%

	NVT	82%	82%	87%	74%	80%	82%	81%	88%	79%	73%	81%
Risicogroep Frequentie Alcohol	Groen	58%	59%	61%	44%	52%	50%	61%	58%	49%	49%	55%
	Oranje	38%	35%	34%	42%	40%	45%	31%	38%	42%	35%	38%
	Rood 1	4%	6%	5%	12%	8%	6%	8%	4%	8%	15%	7%
	Rood 2	0%	0%	0%	2%	1%	0%	0%	0%	1%	0%	0%
Risicogroep SDS alcohol (Verslavingsrisico)	Groen	100%	99%	99%	99%	99%	100%	98%	100%	99%	98%	99%
	Oranje	0%	1%	1%	1%	0%	0%	2%	0%	1%	2%	1%
	Rood	0%	0%	0%	0%	1%	0%	1%	0%	1%	0%	0%
Heb je wel eens wiet of hasj gebruikt?	Nee	95%	91%	88%	93%	95%	92%	91%	95%	88%	93%	91%
	Ja	5%	9%	12%	7%	5%	8%	9%	5%	12%	7%	9%
Hoe vaak heb je wiet of hasj gebruikt in de afgelopen 3 maanden?	Nooit	5%	1%	4%	1%	2%	1%	2%	2%	4%	2%	2%
	1 of 2 keer	0%	5%	7%	5%	2%	4%	4%	2%	5%	3%	4%
	Maandelijks	0%	1%	1%	1%	0%	1%	2%	0%	2%	1%	1%
	Wekelijks	0%	1%	1%	0%	0%	1%	0%	1%	1%	0%	1%
	Dagelijks of bijna dagelijks	0%	1%	0%	0%	1%	0%	1%	0%	0%	0%	0%
	NVT	95%	91%	88%	93%	95%	92%	91%	95%	88%	93%	91%
Hoe veel joints rook je gemiddeld per week?	1 of 2	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	3 tot 5	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	6 tot 10	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	11 tot 15	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	16 tot 20	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	21 tot 30	0%	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%
	Meer dan 30	0%	0%	0%	0%	1%	0%	0%	0%	0%	0%	0%
	NVT	100%	100%	100%	100%	99%	100%	99%	100%	100%	100%	100%
Risicogroep Frequentie Cannabis	Groen	100%	92%	92%	94%	98%	93%	93%	97%	92%	96%	94%
	Oranje	0%	6%	7%	6%	2%	5%	6%	2%	7%	4%	5%
	Rood	0%	2%	1%	0%	1%	2%	1%	1%	2%	0%	1%

SDS_cannabis_Risico Risicogroep SDS cannabis (Verslavingsrisico)	Groen	100%	100%	100%	100%	100%	100%	99%	100%	100%	100%	100%
	Oranje	0%	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%
	Rood	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Heb je wel eens lachgas gebruikt?	Nee	99%	94%	94%	97%	95%	90%	92%	93%	96%	97%	95%
	Ja	1%	6%	6%	3%	5%	10%	8%	7%	4%	3%	5%
Hoe vaak heb je lachgas gebruikt in de afgelopen 3 maanden?	Nooit	1%	2%	3%	0%	2%	3%	1%	3%	2%	1%	2%
	1 of 2 keer	0%	3%	1%	3%	2%	5%	5%	3%	2%	1%	3%
	Maandelijks	0%	1%	1%	0%	1%	1%	2%	1%	0%	0%	1%
	Wekelijks	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	Dagelijks of bijna dagelijks	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	NVT	99%	94%	94%	97%	95%	90%	92%	93%	96%	97%	95%
Hoeveel ballonnen gebruik je gemiddeld per keer?	1 of 2	0%	2%	1%	1%	1%	2%	2%	2%	2%	1%	2%
	3 tot 5	0%	1%	0%	2%	1%	2%	2%	1%	0%	0%	1%
	6 tot 9	0%	0%	0%	0%	0%	1%	1%	0%	0%	0%	0%
	10 tot 15	0%	0%	0%	0%	1%	1%	0%	0%	0%	0%	0%
	16 tot 20	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	21 tot 30	0%	0%	0%	0%	0%	0%	0%	1%	0%	0%	0%
	Meer dan 30	0%	0%	0%	0%	1%	1%	1%	0%	0%	0%	0%
	NVT	100%	96%	97%	97%	97%	93%	93%	96%	98%	99%	97%
Risicogroepen Frequentie Lachgas	Groen	100%	96%	97%	97%	97%	93%	93%	96%	98%	99%	97%
	Oranje	0%	3%	2%	3%	2%	4%	5%	3%	2%	1%	2%
	Rood	0%	1%	1%	0%	2%	3%	2%	1%	0%	0%	1%
Hoeveel dagen per week zit je te gamen?	(Bijna) nooit	50%	43%	47%	53%	41%	43%	50%	46%	43%	57%	46%
	1 dag per week	5%	8%	8%	9%	13%	2%	9%	9%	5%	6%	7%
	2 dagen per week	10%	8%	8%	10%	6%	6%	7%	12%	9%	7%	8%
	3 dagen per week	8%	9%	11%	5%	8%	12%	5%	9%	11%	5%	9%
	4 dagen per week	5%	5%	6%	4%	5%	10%	8%	5%	5%	5%	6%

	5 dagen per week	5%	4%	3%	4%	6%	6%	2%	5%	6%	3%	4%
	6 dagen per week	4%	3%	1%	4%	4%	2%	2%	1%	3%	3%	3%
	(Vrijwel) dagelijks	14%	19%	16%	13%	17%	19%	17%	15%	19%	14%	17%
Als je aan het gamen bent, hoeveel uur op een dag game je dan gemiddeld?	Minder dan 1 uur per dag	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
	1 uur	7%	9%	5%	9%	8%	6%	8%	9%	9%	12%	8%
	2 uur	19%	19%	22%	17%	21%	21%	18%	18%	20%	12%	19%
	3 uur	12%	14%	13%	9%	14%	16%	14%	14%	16%	9%	13%
	4 uur	6%	6%	6%	7%	6%	5%	2%	6%	5%	4%	6%
	5 uur	2%	3%	1%	2%	3%	5%	4%	2%	2%	2%	3%
	6 uur	1%	2%	2%	0%	2%	3%	1%	1%	1%	1%	2%
	7 uur	0%	1%	1%	1%	0%	0%	0%	1%	0%	0%	0%
	8 uur of meer	1%	3%	1%	0%	2%	0%	1%	2%	1%	0%	2%
NVT	51%	44%	49%	55%	43%	44%	52%	48%	45%	60%	48%	
Risicogroep Frequentie Gamers	Groen	76%	73%	79%	80%	71%	73%	77%	79%	75%	83%	76%
	Oranje	10%	9%	8%	9%	10%	8%	10%	8%	10%	7%	9%
	Rood	14%	18%	13%	11%	18%	18%	13%	13%	15%	11%	15%
Risicogroep VAT gamers (Verslavingsrisico)	Groen	87%	86%	91%	91%	86%	87%	90%	91%	89%	92%	88%
	Oranje	13%	12%	8%	8%	12%	12%	8%	7%	8%	6%	10%
	Rood 1	0%	2%	1%	1%	2%	1%	3%	1%	3%	2%	2%
	Rood 2	0%	0%	0%	0%	1%	0%	0%	1%	0%	1%	0%
Risicogroepen SocialeMedia	Groen	77%	71%	76%	74%	77%	74%	76%	71%	77%	76%	74%
	Oranje	19%	26%	23%	26%	19%	24%	21%	27%	21%	22%	23%
	Rood	4%	3%	1%	1%	4%	1%	3%	2%	2%	1%	2%
Hoeveel dagen per week eet je een ontbijt?	(Bijna) nooit	12%	8%	10%	8%	9%	8%	12%	6%	9%	8%	9%
	1-2 dagen per week	8%	11%	7%	5%	5%	6%	6%	6%	6%	8%	8%
	3-4 dagen per week	7%	10%	14%	11%	10%	9%	8%	12%	7%	7%	9%
	5-6 dagen per week	12%	11%	13%	13%	11%	11%	12%	11%	9%	11%	11%
	Elke dag	61%	60%	55%	64%	64%	66%	62%	65%	68%	67%	63%
Hoeveel dagen per week eet je fruit?	(Bijna) nooit	12%	9%	10%	9%	7%	12%	13%	7%	6%	9%	9%

	1-2 dagen per week	18%	16%	18%	26%	19%	18%	17%	21%	20%	16%	18%
	3-4 dagen per week	29%	27%	26%	25%	18%	29%	23%	20%	24%	26%	25%
	5-6 dagen per week	13%	17%	16%	13%	17%	17%	17%	17%	22%	20%	18%
	Elke dag	29%	31%	29%	27%	39%	25%	30%	35%	28%	28%	30%
Hoeveel dagen per week eet je groente?	(Bijna) nooit	2%	2%	2%	0%	1%	0%	1%	1%	1%	1%	1%
	1-2 dagen per week	7%	6%	6%	3%	4%	5%	5%	6%	3%	2%	5%
	3-4 dagen per week	20%	22%	16%	23%	21%	22%	21%	23%	16%	24%	21%
	5-6 dagen per week	33%	30%	37%	49%	36%	41%	36%	32%	41%	40%	36%
	Elke dag	37%	40%	39%	24%	38%	33%	36%	38%	40%	33%	37%
Hoeveel dagen per week drink je water?	(Bijna) nooit	6%	4%	4%	4%	4%	7%	6%	5%	4%	5%	5%
	1-2 dagen per week	1%	5%	7%	9%	3%	4%	10%	2%	3%	9%	5%
	3-4 dagen per week	17%	8%	8%	8%	5%	12%	7%	8%	10%	10%	9%
	5-6 dagen per week	5%	6%	6%	12%	11%	10%	8%	8%	7%	8%	7%
	Elke dag	71%	76%	75%	67%	78%	67%	69%	78%	76%	68%	74%
Hoeveel dagen per week drink je zoete dranken?	Elke dag	31%	29%	30%	33%	32%	31%	35%	33%	33%	36%	32%
	5-6 dagen per week	8%	15%	16%	14%	8%	14%	17%	16%	15%	15%	15%
	3-4 dagen per week	24%	23%	27%	24%	29%	29%	28%	16%	23%	21%	24%
	1-2 dagen per week	25%	19%	18%	21%	17%	20%	16%	14%	17%	20%	19%
	(Bijna) nooit	12%	13%	9%	8%	15%	6%	4%	21%	11%	8%	11%
Risicogroepen Voeding	Groen	70%	72%	70%	72%	82%	72%	67%	73%	77%	69%	73%
	Oranje	21%	19%	21%	17%	12%	18%	21%	20%	15%	20%	18%
	Rood	8%	8%	10%	11%	6%	11%	12%	7%	8%	11%	9%
Hoeveel dagen per week ga je lopend of fietsend naar school?	(Bijna) nooit	18%	5%	3%	2%	5%	1%	8%	2%	21%	4%	7%
	1 dag per week	0%	0%	0%	1%	0%	0%	1%	0%	2%	1%	1%
	2 dagen per week	1%	1%	0%	0%	0%	1%	1%	0%	4%	1%	1%
	3 dagen per week	1%	2%	2%	2%	1%	2%	2%	2%	7%	4%	3%
	4 dagen of meer per week	80%	91%	94%	96%	94%	95%	88%	96%	66%	91%	88%
Hoeveel uur per week doe je op school aan sport?	(Bijna) nooit	10%	8%	8%	9%	11%	11%	4%	10%	9%	11%	9%
	1 uur per week	6%	12%	8%	8%	7%	9%	4%	9%	11%	9%	10%

	2 uur per week	52%	42%	54%	60%	61%	46%	64%	57%	30%	54%	47%
	3 uur per week	13%	15%	9%	8%	3%	10%	8%	9%	24%	9%	13%
	4 uur of meer per week	19%	23%	21%	15%	18%	25%	21%	16%	26%	17%	22%
Hoeveel uur per week sport je bij een sportvereniging?	(Bijna) nooit	40%	32%	38%	48%	26%	33%	40%	30%	32%	44%	35%
	1 uur per week	2%	9%	6%	11%	9%	6%	8%	7%	8%	9%	8%
	2 uur per week	7%	10%	7%	12%	9%	12%	10%	15%	13%	11%	11%
	3 uur per week	11%	16%	14%	11%	13%	16%	13%	9%	16%	10%	14%
	4 uur of meer per week	39%	34%	35%	18%	43%	33%	29%	39%	31%	26%	33%
Hoeveel uur per week sport je in je vrije tijd?	(Bijna) nooit	37%	38%	40%	39%	38%	36%	41%	42%	38%	40%	39%
	1 uur per week	21%	21%	24%	27%	20%	21%	18%	22%	21%	22%	21%
	2 uur per week	26%	19%	15%	14%	16%	18%	12%	16%	17%	20%	17%
	3 uur per week	10%	11%	8%	6%	11%	9%	11%	9%	10%	8%	10%
	4 uur of meer per week	6%	12%	14%	14%	14%	17%	18%	10%	14%	11%	13%
Hoeveel uur per dag zit je achter de computer, tablet of TV	4 uur of meer per dag	27%	25%	21%	14%	23%	29%	19%	24%	18%	15%	22%
	3 uur per dag	24%	27%	25%	23%	20%	27%	27%	22%	27%	17%	25%
	2 uur per dag	27%	31%	29%	36%	35%	26%	30%	36%	28%	36%	31%
	1 uur per dag	14%	12%	19%	19%	15%	12%	19%	12%	18%	24%	16%
	(Bijna) nooit	7%	6%	6%	7%	7%	5%	5%	5%	9%	8%	7%
Risicogroepen Bewegen	Groen	68%	82%	79%	84%	84%	78%	82%	87%	78%	81%	81%
	Oranje	23%	12%	14%	12%	12%	16%	13%	12%	12%	12%	13%
	Rood	10%	7%	7%	4%	4%	6%	5%	2%	9%	6%	6%
Risicogroepen Kidscreen (Hoe gaat het met je)	Groen	89%	89%	92%	93%	92%	91%	91%	91%	89%	90%	90%
	Oranje	5%	4%	3%	3%	3%	3%	2%	5%	5%	4%	4%
	Rood	6%	7%	5%	4%	5%	6%	7%	5%	7%	6%	6%